



# Learning Disability Register Inclusion Tool


- This is a checklist for GPs to assist them in identifying a person who may have a learning disability.
- This is not a diagnostic tool so always apply sound clinical judgement.
- The aim of this tool is to identify people who would benefit from being on the GP practice's Learning Disability register
- Inclusion on the register does not mean that the person will automatically be eligible for specialised learning disability services – The individual would require a Learning Disability diagnosis and health need that cannot be met in mainstream services with reasonable adjustments.

**Definition of a learning disability:** A significantly reduced ability to understand new or complex information, to learn new skills (Significantly impaired intelligence)  
**AND** A reduced ability to cope independently, (Impaired social / adaptive functioning)  
**AND** Which started before adulthood (onset before aged 18) with a lasting effect on development

\*Consider the following for reasons why a person cannot achieve these things at the time of the assessment:  
 - sensory impairment (hearing or sight impairment), English is not their first language

| Questions to consider   | yes<br>✓                 | no<br>✗                  |
|---|--------------------------|--------------------------|
| Did person attend any special schools or were they statemented in mainstream school?<br>Do they have an educational health care plan  | <input type="checkbox"/> | <input type="checkbox"/> |
| Is there a diagnosis of a learning disability/mental handicap in any notes? IQ under 70<br>(please refer to read code list of definite and potential diagnosis of a learning disability)                                      | <input type="checkbox"/> | <input type="checkbox"/> |
| Is the person known to the Learning Disability Service?   | <input type="checkbox"/> | <input type="checkbox"/> |
| Is the person under the care of a consultant psychiatrist for learning disabilities?  | <input type="checkbox"/> | <input type="checkbox"/> |
| Has anyone ever told the person that they have a learning disability?   | <input type="checkbox"/> | <input type="checkbox"/> |
| Did the person achieve qualifications at school?(GCSE at low grades could indicate LD but high grade GCSE, A Levels or university education then LD is not likely)  | <input type="checkbox"/> | <input type="checkbox"/> |
| How does the person function in society? Does the person need support with activities of daily living? Tell me what you do during the day. Does this indicate that they require support to undertake daily living activities? | <input type="checkbox"/> | <input type="checkbox"/> |
| Does the person need help to read i.e. appointment letters or other official letters?   | <input type="checkbox"/> | <input type="checkbox"/> |
| Does the person have problems with simple numerical calculations? (i.e. "If I gave you £5 to buy milk. Milk costs £1.50 – how much change would you have left?")  | <input type="checkbox"/> | <input type="checkbox"/> |
| Does the person need assistance with transport? (unable to get around independently?)   | <input type="checkbox"/> | <input type="checkbox"/> |

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**Does person have difficulty with:**

|  |                              |                             |
|--|------------------------------|-----------------------------|
| Communicating needs                      | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| Writing                                  | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| Self-Care                                | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| Living independently                     | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| Interpreting social cues                 | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| Controlling their behaviour              | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| Co-ordinating movement                   | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| Learning new skills                      | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| Understanding new or complex information | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| Do they have a sensory impairment?       | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| Is English their first language?         | yes <input type="checkbox"/> | no <input type="checkbox"/> |

**Several 'yes' answers could indicate the presence of a Learning Disability\***

**Factors which MAY indicate No learning disability**

- Normal development until other factors impact (before 18).
  - Diagnosis of ADHD, dyslexia, dyspraxia or Asperger's
  - Successfully attended a mainstream education facility without support.
  - Gained qualifications (GCSE and/or A 'Levels)
  - Able to function socially without support
  - Independently manage their financial commitments
  - Able to drive a car.
  - Contact with mental health services
  - Recorded IQ above 70
  - Communication difficulties due to English as a second language

**Factors that MAY indicate a learning disability**

- Record of delayed development/difficulties with social functioning & daily living before the age of 18.
- Requires significant assistance to undertake activities of daily living (eating & drinking, attending to personal hygiene, wears appropriate clothing) and/or with social/ community adaptation (e.g. Social problem solving/reasoning).  
NB need for assistance may be subtle.
- Presence of all three criteria for LD i.e. Impairment of intellectual functioning/social adaptive functioning and age of onset.
- Range of information presenting a picture of difficulties in a number of areas of function, not explainable by another 'label'
- Contact with specialist Learning Disability consultant.
- Attendance at specialist education facility for people with intellectual delay

If you believe that the patient should be included on the learning disability register the please use the code for "on learning disability register" as below:

EMIS/version 2 – 918e

System 1/version 3 – XaKYb

SNOMED – 416075005