



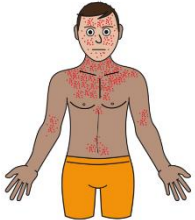
MMR Vaccination

protect



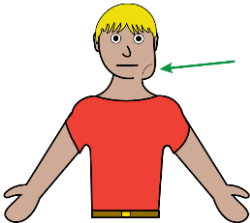
The **MMR** vaccine helps to protect children from three infections called **Measles**, **Mumps** and **Rubella**.

measles



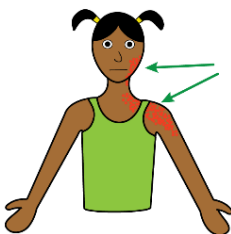
Symptoms of Measles are having a **high temperature**, **coughing**, **sneezing** or having **sore red eyes**. You will get a **rash** which starts on the face and then spreads to the rest of your body.

mumps



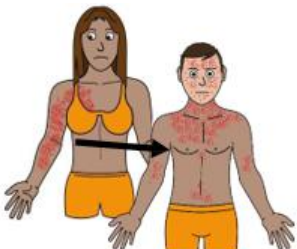
Symptoms of Mumps are having a **high temperature**, **headache**, and the sides of your **face will hurt** and will **get bigger**.

rubella



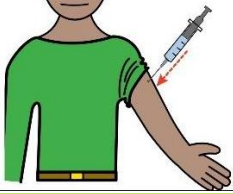
Symptoms of Rubella are having a **high temperature**, **coughing**, **sneezing**, **headache**, **sore throat** and having **sore red eyes**. You will get a **rash** which starts on the face and then spreads to the rest of your body.

Spread quickly



Measles, Mumps and Rubella spread very **quickly** and **easily** between people.

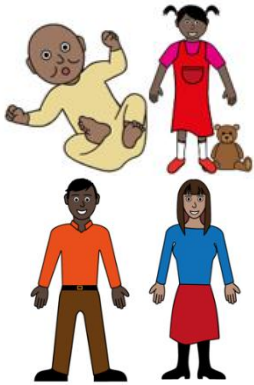
injection



The vaccine is given as an injection in the arm.

Two doses of the vaccine gives the **best protection**.

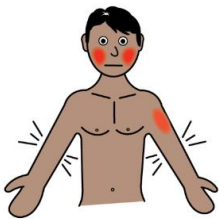
age



Children should have the **first dose at 1 year old** and the **second dose at 3 year and 4 months**.

Adults and **older children** who have **not been vaccinated** can **catch up**.

possible side effects



Side effects from the vaccine are usually **very mild** and do not last long.

Sometimes you can get a lump or pain where the injection was given. **Not everyone gets side effects**.

safe

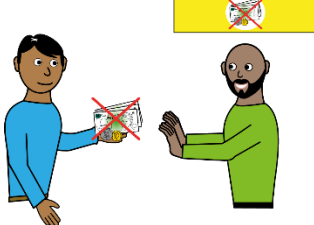


The **Vaccination** is **safe**.

The **Vaccination** is **very effective**.

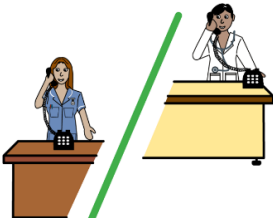
Protection starts just 2 weeks after the vaccination.

free of charge



The vaccination is **free**.

phone your GP



It is important to be protected from serious disease.

Ask your GP about the vaccine and to book an appointment.