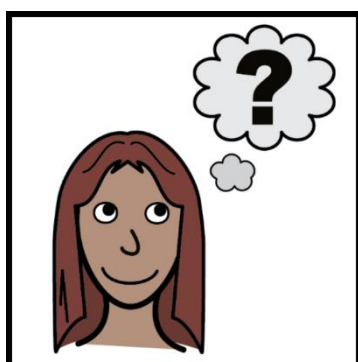


At My Dentist Appointment

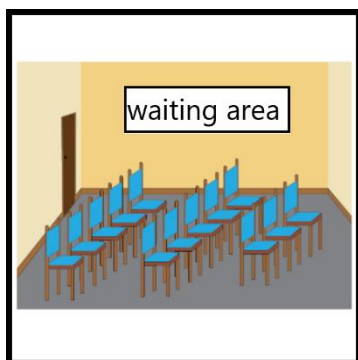


Hello and welcome to your dentist appointment.

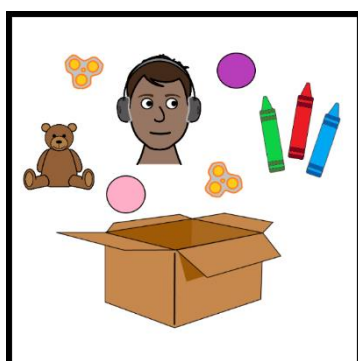


This leaflet will tell you what to expect at your dentist appointment.

What will happen?



You will be asked to wait in the waiting room.



We have a sensory box that might help while you wait.
This has things like colouring pages, crayons, toys and earmuffs.



Ask the reception staff if you would like to have a look and use something in the box.



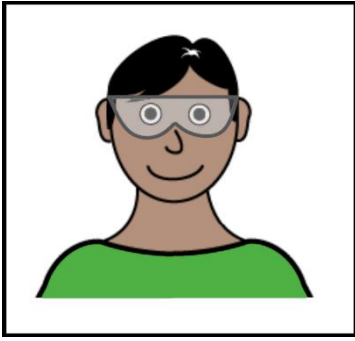
The dental nurse will say hello and take you to see the dentist.



The dentist will say hello to you.



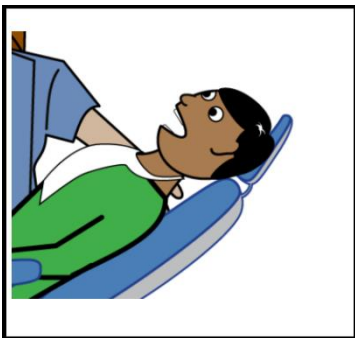
You will be asked to sit in a big chair.



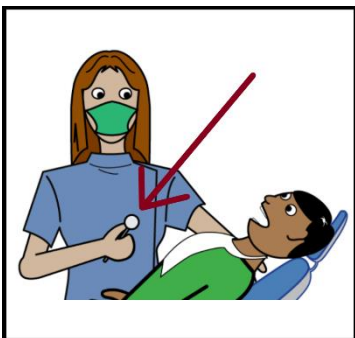
You will be asked to put some glasses on.



The dentist will make the big chair lie back.
It is very comfy.

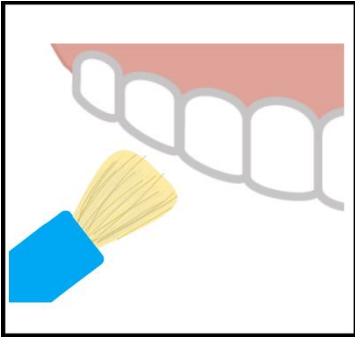


You will be asked to open your mouth wide.

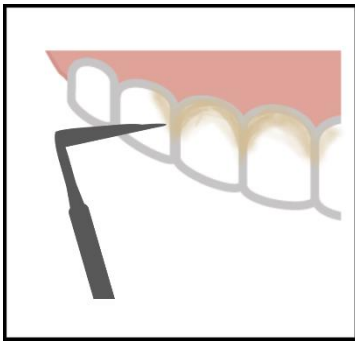


The dentist will use a small mirror to look at your teeth.

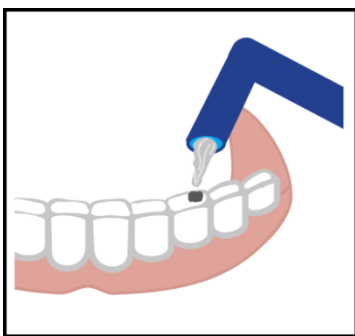
Here is a list of some things that might happen at your appointment:



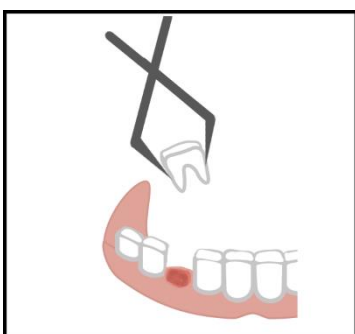
- The dentist might put a protective varnish on your teeth.



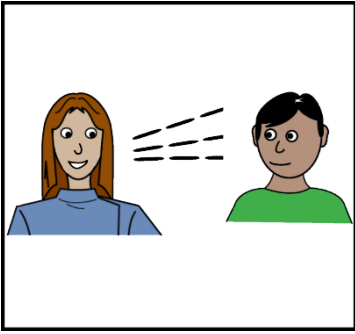
- The dentist might clean your teeth. This is called a scale and polish.



- The dentist might give you a filling. This means to fill a hole in your tooth.



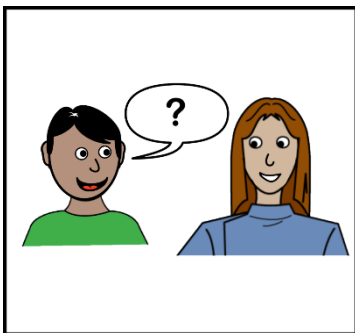
- The dentist might remove a tooth.



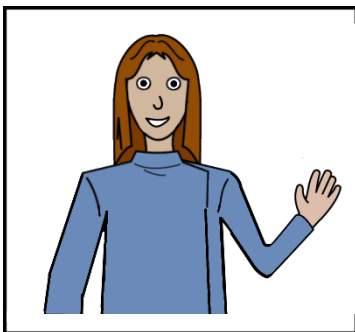
These things do not always happen. The dentist will always tell you if they are doing any of these.



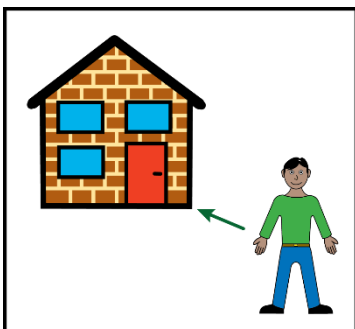
If you are in pain, the dentist will try and do treatment to help.



If you have any questions, your dentist can help you.



Now your appointment has finished.



Now you can go home.
Thank you for coming to your appointment.