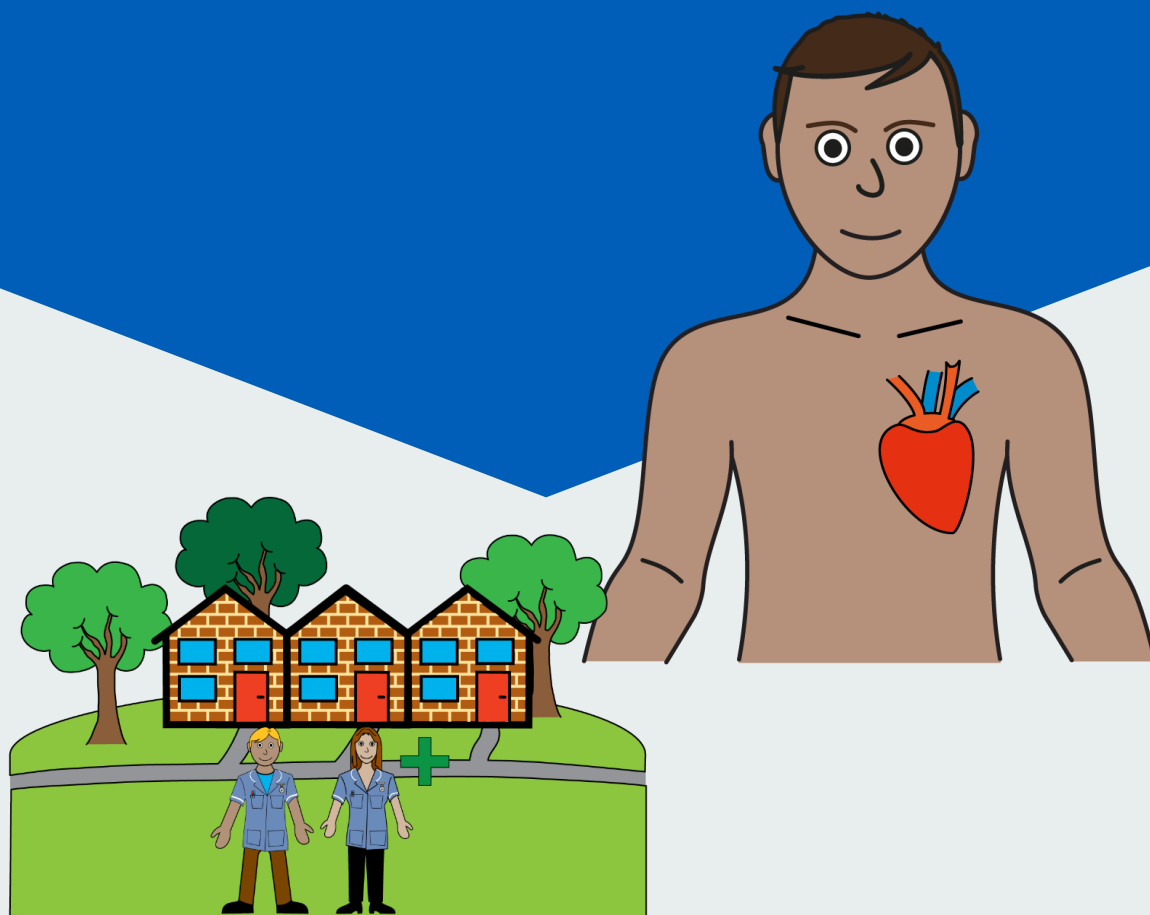


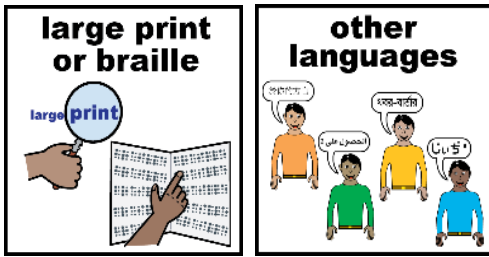
Easy Read

Heart Failure Nurse Service

Information leaflet



Heart Failure Nurse Service

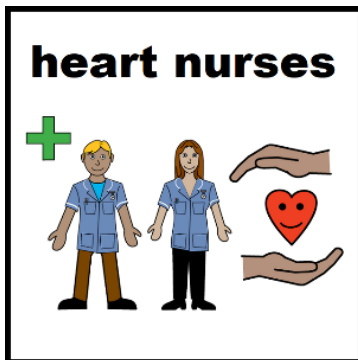


If you require this information in other languages, Braille, large print, or audio format please contact the Heart Failure Nurse service.



This booklet uses easy words and pictures. You might want to ask someone to help you read it.

Who are we?



We are the Heart Failure Nurse Service. We work within the Leeds Community Cardiac Service.



Our team is made up of nurses, physiotherapists, occupational therapists, clinical support workers and admin.

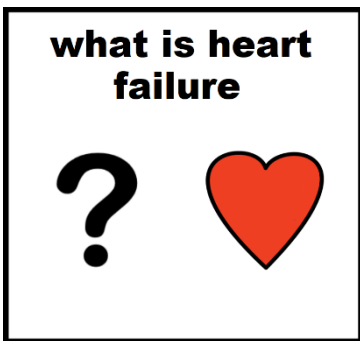


We work with you, your GP, the hospital, and other professionals. We all work together to provide care to you.

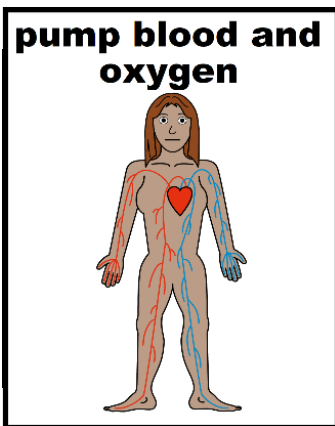


We support adults who have heart failure.

What is heart failure?

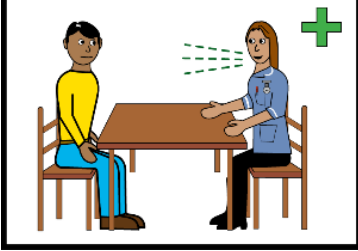


Heart failure is when your heart is not working as it should. It does not mean your heart is about to stop.



It means that your heart cannot pump blood and oxygen around your body properly.

heart nurse will talk to you



This can happen for lots of different reasons.

Your Heart Failure Nurse will talk to you about why you have heart failure.

What do we do?

how do you feel



We will talk to you about how your heart failure makes you feel.

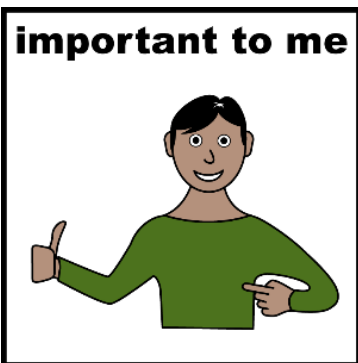
support



We will plan your care with you.

You can have someone with you when we do this.

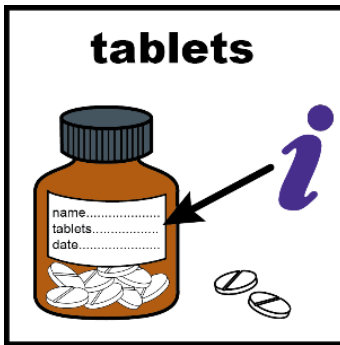
important to me



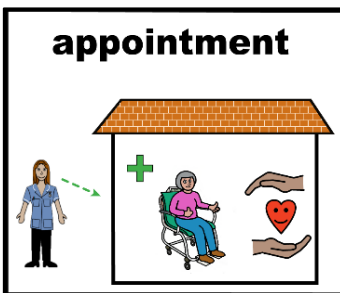
We will listen to what is important to you.



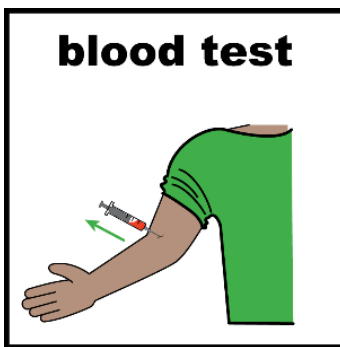
We will support you and help you learn how to manage your health.



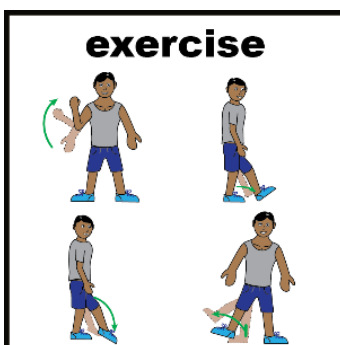
We will help you understand your heart medication.



You might have more than one appointment with us.
This is normal.



You might need blood tests.
We have an easy read leaflet for having a blood test. Ask your nurse if you would like to see it.



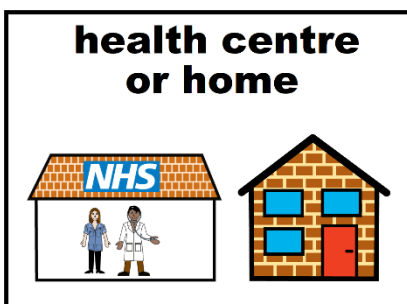
We work with people who can help you be more active.
You can talk to your nurse about this.

When do we work?



The Heart Failure Nurses work:
8:30am – 4:30pm
Monday – Friday

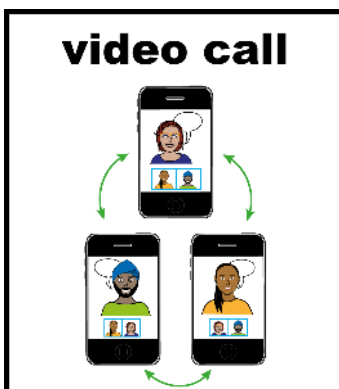
Where will we see you?



We can see you at home or at a local health centre.



Sometimes you might have appointments with us over the phone. Please let us know if you would not like this.



We can do video call appointments too. Please let us know if you would prefer this.

Service Contact Information



If you need to speak to someone about this leaflet, you can:

Call 0113 8434 200

Email longtermconditions@nhs.net



If you want to give feedback to someone outside the service, you can speak to the **Patient Experience Team**.

Call 0113 220 8585

Email lch.pet@nhs.net



We might ask you a few questions and keep a record of your personal details.

We may share your information with other services. We will ask you before we do this, as per the Data Protection Act 1998.