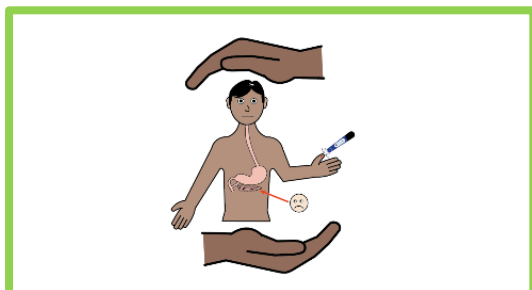
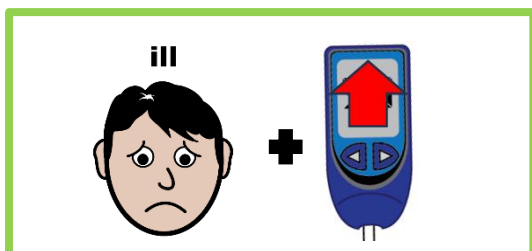


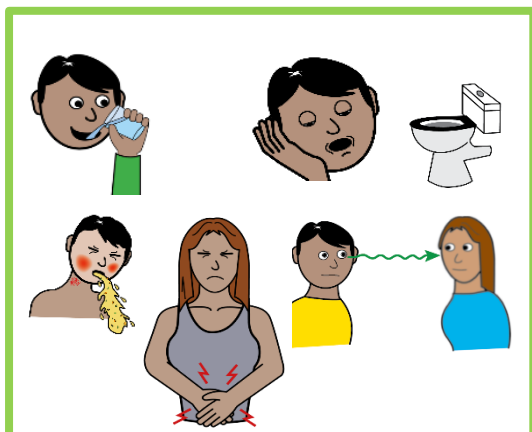
## Diabetes - When I am unwell (ketoacidosis)



I live with diabetes. My body needs insulin to keep me well.



If my blood glucose readings are high and I feel ill – **I must tell my doctor or nurse.**



If I am ill, I may feel:

- Thirsty and wee more.
- Feel ill or be sick.
- Have stomach pain.
- Sleepy or blurred sight.
- My breath may smell sweet.



My doctor or nurse can tell me what medications I should take when I am ill.



I must rest and drink lots of water if I feel ill.



**Asking for help keeps me safe.**