

Involve

Newsletter of the
Learning Disabilities
Involvement Team

Winter 2023/24



Hello

Welcome to our latest newsletter.

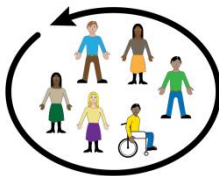
We have had a busy few months and are excited to share everything we have been working on.



What is in this newsletter?



projects we have been working on



information on how you can get involved



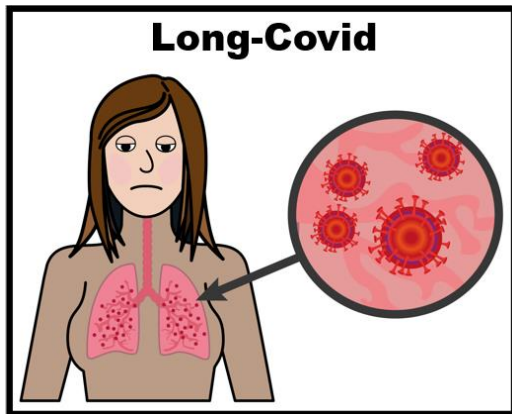
You can find the Involvement Office at

**4 Woodland Square
St Mary's Hospital
Armley, LS12 3QE**

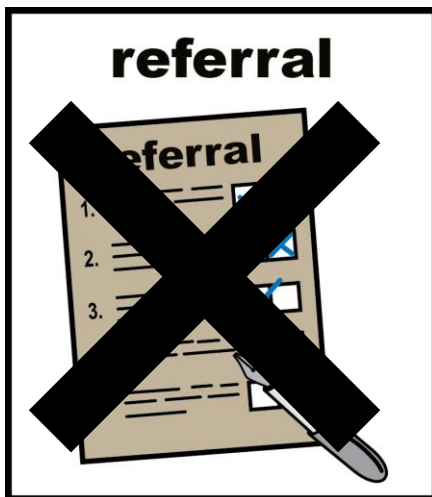


**0113 85 50530
involve.lypft@nhs.net**

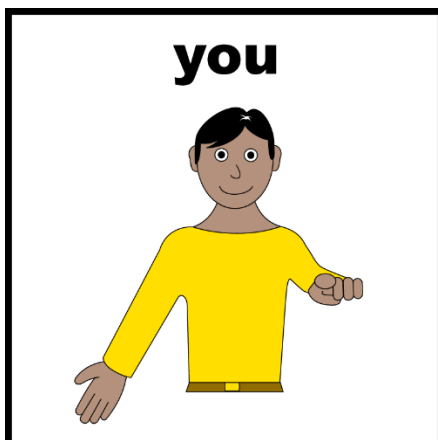
Long-Covid project



The Long-Covid Rehabilitation Service, asked the Involvement team to help them support people with Learning Disabilities.



The Long-Covid team have not had any referrals for people who have a Learning Disability.



If you think you have Long-Covid the Involvement team would like to talk to you.

You can call the office or speak to us at the next Co-Production Café.

Team update



Nasser Mohammed joined the Involvement and Health Facilitation team in October. He is our new Graphic designer for the Trust.



Things I like to do outside of work:

I enjoy playing football and spending time with family.

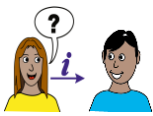
I love travelling.

I enjoy baking cakes.



Nasser has already been very busy:

- Creating new images for easy on the i.
- Making leaflets accessible.
- Designing images to help explain health.



Sharing information and ideas – Training new staff.



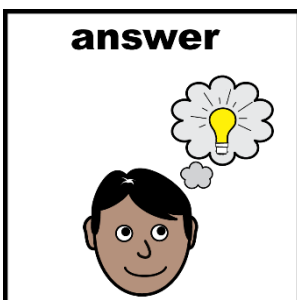
In January Dom and Holly gave some training to new staff.



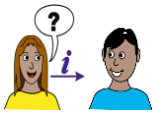
Dom talked about a bad experience when he didn't get reasonable adjustments in an appointment.

Yellow Blue
Black Red Gr
Purple Yellow
Orange Green

We gave the new staff an activity to do. We made the activity hard so that the staff could see what it feels like to not get the right help.



Then we asked the new staff to think up some reasonable adjustments that would make the activity easier.

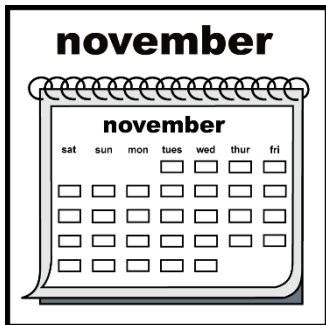


Sharing information and ideas – Training new staff.



Top Tips for communication

After the activity Holly and Dom talked about communicating with people who have Learning Disabilities.



At the co-production café in November 2023, you told us about your experiences with health professionals.

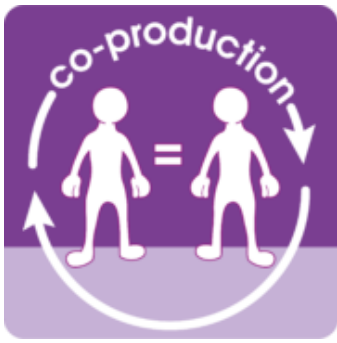


We used the things that you told us to teach the new staff.

We told them how important good communication is. We told them communication must be respectful.



The new staff said the training was good. They all thought that Dom did a brilliant job!



Co-production Cafes

We have had some lovely afternoons at our Co-production Cafes.

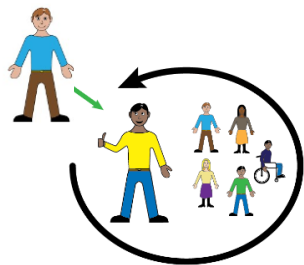
In December we decorated a festive scene. Stars were shining of the good things from 2023. The tree was lit with light bulbs of ideas for 2024.

Our January event was held on Brew Monday. We shared our personal targets of the things we hope to achieve in 2024.

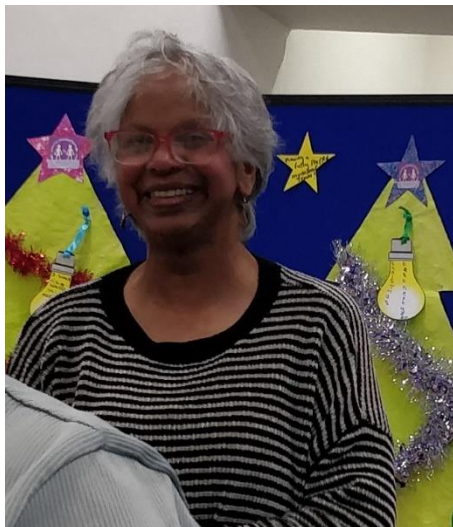
i The Co-production Cafes are very popular and getting very busy. It is important for you to book a place if you want to join us.



Involving People



Hello! My name is Durbali



This is why I like to get involved:

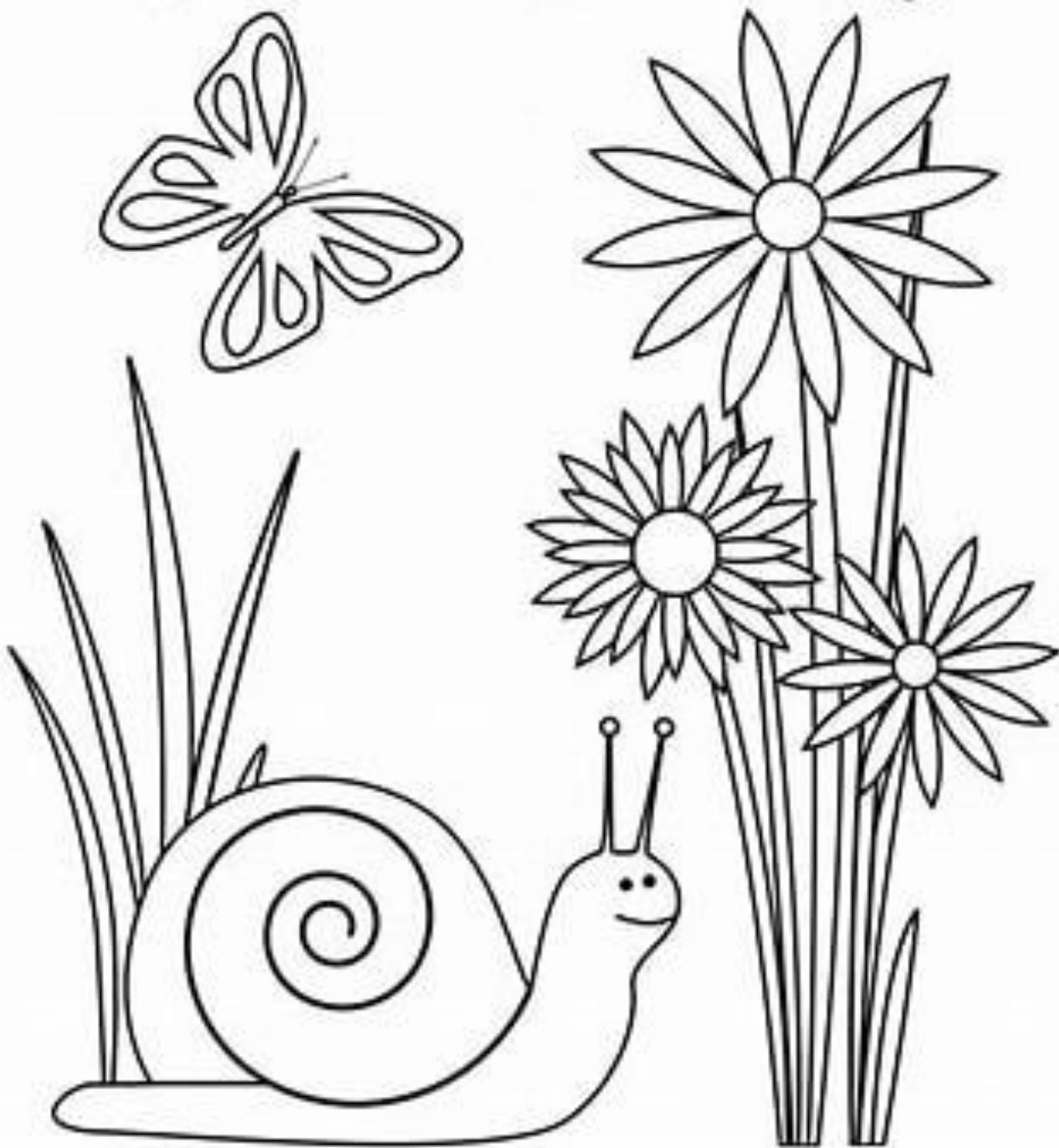
- I like meeting friends.
- I like meeting new people.
- I like getting paid.

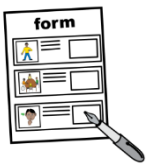
Things I have done with the Involvement Team:

- I come to Co-Production café's, we talk about health and do nice things like colouring.
- I do interviews, I find them interesting.

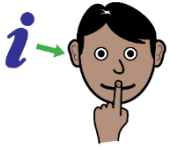
Spring is coming. Enjoy colouring in while you wait for the nicer weather!

hello spring





Please fill in this form if you would you like to hear about our latest opportunities.

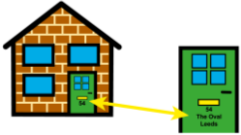


We will only use your details to tell you about our involvement work.

We will not share your details with anyone else. We will file your information securely for a year.



Name:



Address:
.....



Phone:



email:
.....



Emergency contact:
.....

How would you prefer us to contact you?



letter



phone




email



text

Other (please tell us):

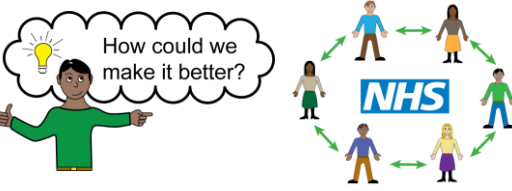
I am interested in (please tick):




accessible information



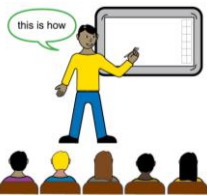
interviews




improving our services



meetings / workshops
and focus groups



training



making films

How and when would you prefer to take part?

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning					
Afternoon					



face to face



over the phone



online meeting / Zoom

Please return this form to:

Involvement Team, 4 Woodland Square,
St Mary's Hospital, Armley LS12 3QE

