

Involve

Newsletter of the
Learning Disabilities
Involvement Team

Autumn 2023



Hello

Welcome to our latest newsletter.

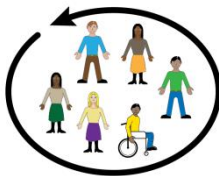
We have had a busy few months and are excited to share everything we have been working on.



What's in this newsletter?



projects we have been working on



information on how you can get involved



You can find the Involvement Office at

**4 Woodland Square
St Mary's Hospital
Armley, LS12 3QE**



**0113 85 50530
involve.lypft@nhs.net**



Team update

Holly Larkin joined the team as an Involvement Co-ordinator in September.

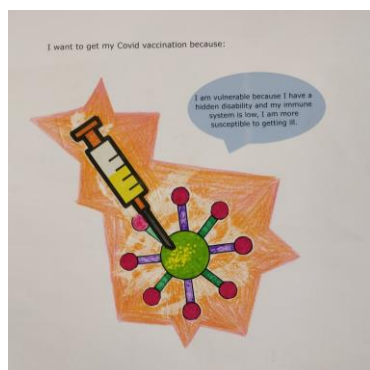


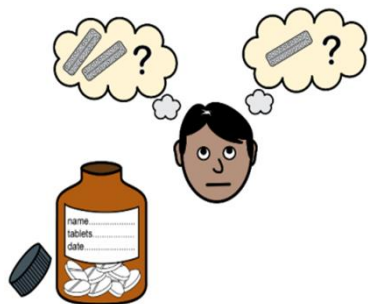
Hi, I am really happy to work with the Involvement Team. Everyone has been very kind and made me feel welcome. I can't wait to meet everyone and do some projects with you.



Holly has already been very busy:

- working on the Covid vaccination programme
- attending Co-production Cafes
- planning and leading activities for conferences





Bigger and better labels

The Bigger and better labels project met up over the summer to do some more work.



The group worked with some information from pharmacy teams the Leeds and York Partnership NHS Foundation Trust. They wanted people to know more about the different things the pharmacy can help people with.



The group co-designed some posters that can be used on our wards and in community mental health teams.



The posters will be tested on some inpatient wards.

European Healthcare

Alliance conference - Shaun

Some people at the recent conference chose to visit the Involvement Team and experience co-production in action.



Shaun said It felt amazing when the European people came. I showed them the video and talked about the bigger labels project. I felt really proud, I felt I broke down barriers. When I talked about my story and coproduction, I feel like people really listened and they were really respectful. When we were at the tables, I feel like we had extra debates about other ideas for the bigger labels project. I felt really included. It made my day.



Interviewing

The Recovery College ran an interviewer skills workshop for service users and carers.

Ann Louise, Debbie, Dom, Holly and Jonathan all attended the course.



I enjoyed the course. I have done some interviewing before and this was a good refresher. There was a quiz about Leeds and York Partnership NHS Foundation Trust. I was surprised about some of the answers, especially how many people it employs.

Dom said



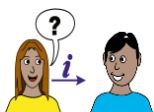
More about interviewing

It was quite good. We learned all different things like how to prepare for an interview and talking to other people to share experiences.

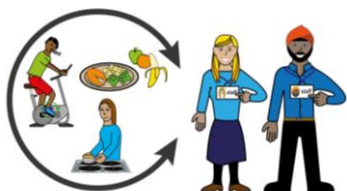
Jonathan said

Jonathan used his new skills to help when he sat on an interview panel for the Learning Disability service with Ann and Lisa.





Sharing information and ideas – our student placements

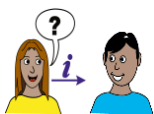


Becs joined our team for a few months over the summer. This was her final placement of her Occupational Therapy course.



Becs worked with the team to find out more about the different jobs people could do. She looked at ways people who were not quite ready to go to work could try out different things.





Sharing information and ideas – our student placements



"You inspired me beyond words I could say. It's an experience I truly value and will live with me. Thank you for doing what you are doing. The contributions you are making right now will make a difference to so many!

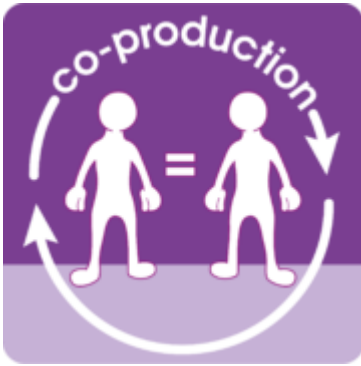
It is a team I never knew I was the biggest fan of! I look forward to seeing what you all get up to next as you are all truly awesome!

Remember no one will ever listen if you don't speak! Keep being YOU!"

Becs said



Becs has now qualified and has a job working as an Occupational Therapist. We wish her well in her career.

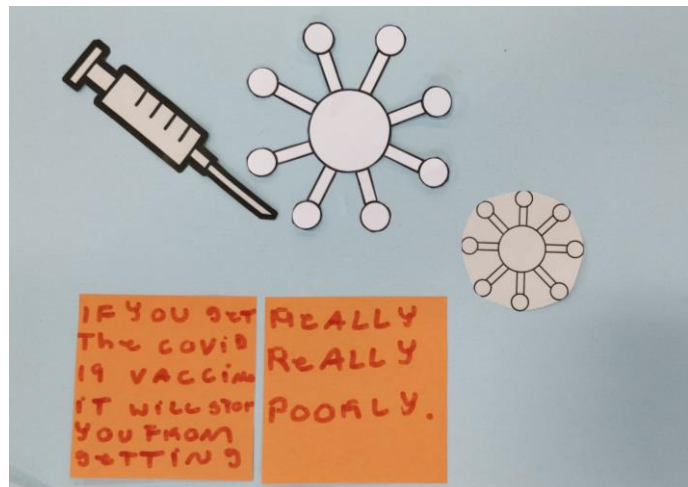


Co-production Cafes

You might have noticed that our Co-production Cafes now run days. This is so all our Involvement Co-ordinators can take part.



Lisa attended her first Co-production Café in September. Lisa, Dom and Holly talked about the Covid vaccination and why it is important.



The Co-production Cafes are very popular and getting very busy. It is important for you to book a place if you want to join us.



Coffee Afternoon by Lisa

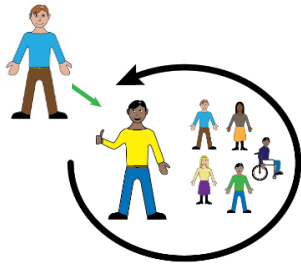
Lisa had the brilliant suggestion to host a coffee afternoon as part of the Macmillan campaign and share information about cancer.

We got some easy read booklets that people could take away.

Some colleagues from the Health Facilitation Team came along to talk to people if they were worried.

People made some wellbeing hands about things that made them feel happy and sad.





Involving People

Hello! My name is Jonathan.



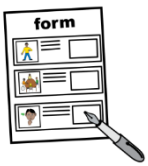
This is why I like to get involved:

- meet other people
- company
- share interests
- learn about health

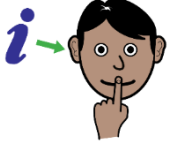


Things I have done with the Involvement Team:

- worked on a Covid 19 video
- Interviewing skills course
- interview panels



Please fill in this form if you would you like to hear about our latest opportunities.



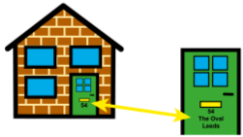
We will only use your details to tell you about our involvement work.

We will not share your details with anyone else.

We will file your information securely for a year.



Name:



Address:

.....



Phone:



email:

.....



Emergency contact:

.....

How would you prefer us to contact you?



letter

☐


phone

☐


email

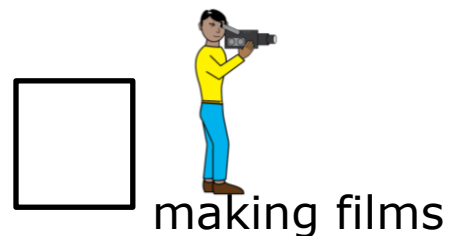
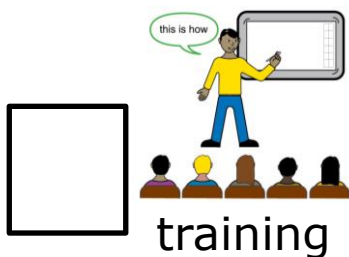
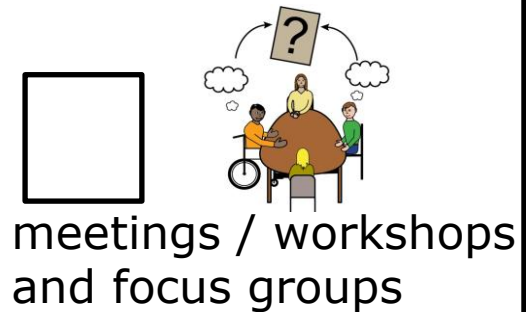
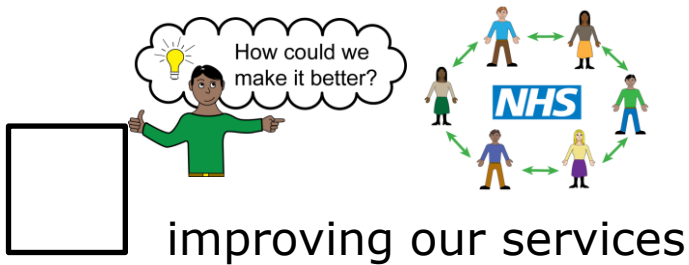
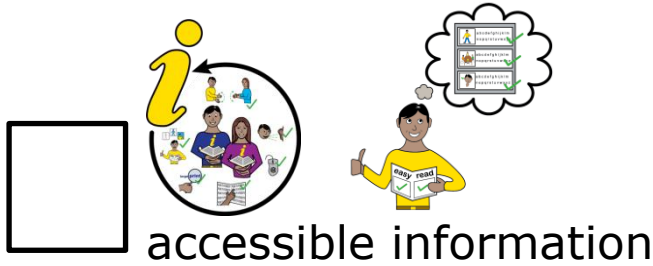
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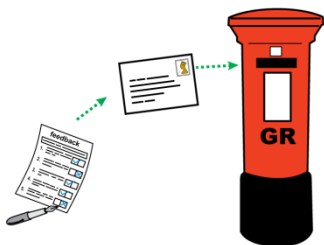
☐ Other (please tell us):

I am interested in (please tick):



How and when would you prefer to take part?

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning					
Afternoon					



Please return this form to:

Involvement Team, 4 Woodland Square,
St Mary's Hospital, Armley LS12 3QE