

# Make sure you do your bowel cancer screening



If you are sent a **free** NHS bowel cancer screening kit in the post make sure you do it.



The kit tests for early signs of bowel cancer. Your bowel is the part of the body that gets rid of food you do not need. This is called poo.



The test is easy to do. You just need to poo. You can ask someone you trust like a family member or carer to help.



When you have done the test, post the box back to us.



Your results will be checked and you will be told if you need to do anything else. Finding cancer early makes it easier to treat.

You can find out how to do the test in the easy read leaflet at [nhs.uk/bowel-screening](https://nhs.uk/bowel-screening)

Screening  
saves  
lives

Help us  
help you