



If you are having trouble with your feet you can get in touch with us at:



Podiatry
First Floor Admin Block
St Mary's Hospital
Green Hill Road
Leeds LS12 3QE



0113 305 5155



www.leedscommunityhealthcare.nhs.uk



Nail surgery

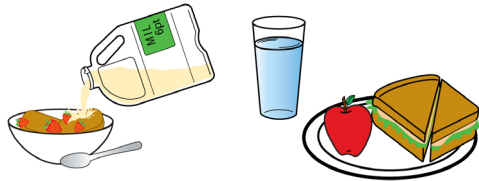
Information leaflet



Podiatry service

Before the procedure

✓ Eat breakfast or lunch



✓ Bring any medications with you

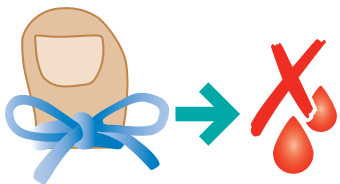


✓ Bring open toe sandals to wear



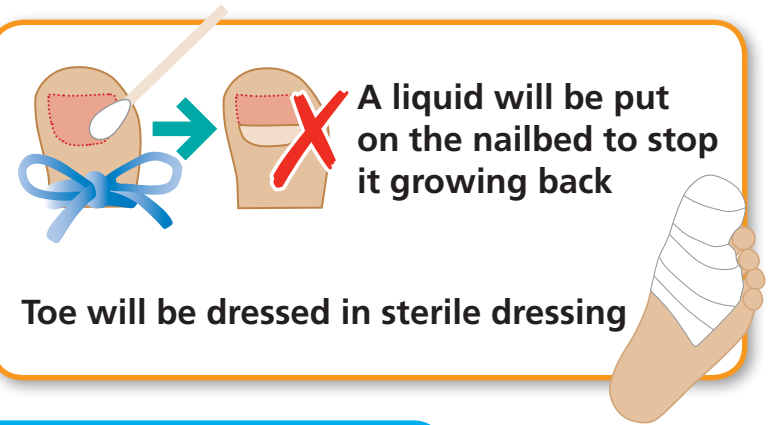
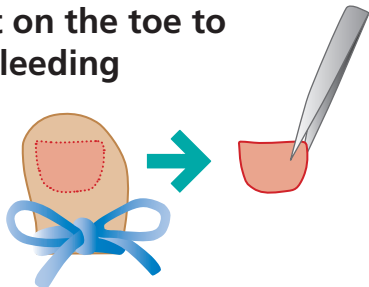
During the procedure

You will have an injection in your toe to put your toe to sleep



An elastic band will be put on the toe to stop bleeding

The podiatrist will remove the nail



A liquid will be put on the nailbed to stop it growing back

Toe will be dressed in sterile dressing

What happens after

Leave your dressing on



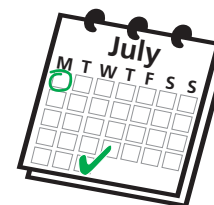
Keep your toe dry



Rest your foot that day



No sport until it's healed



Will take between 4-8 weeks to heal

The podiatrist will review it regularly

