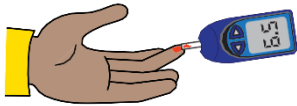


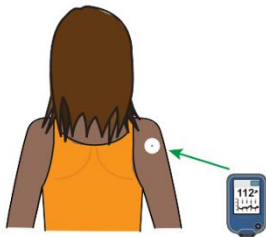
What is Freestyle Libre?



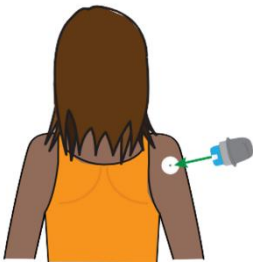
The FreeStyle Libre system is a way to monitor your diabetes. The system will help you understand your blood sugar levels so that you can stay well.



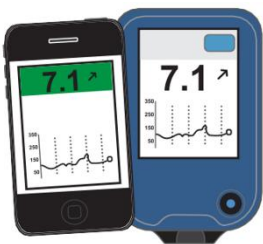
Having this system means you won't need to prick your finger as much.



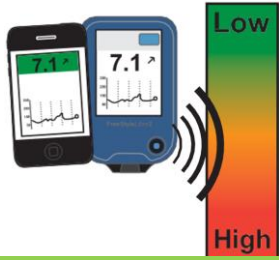
The system comes with a small sensor which you stick to your skin. It does not hurt. The sensor goes onto the back of your upper arm.



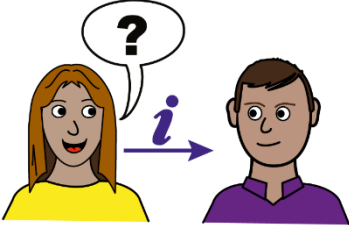
An applicator helps you put the sensor on your arm.



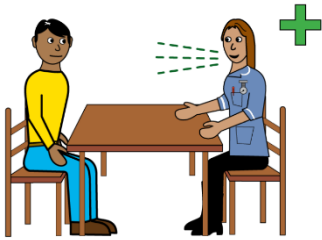
You can check your sugar levels using an app on your phone or a reader.



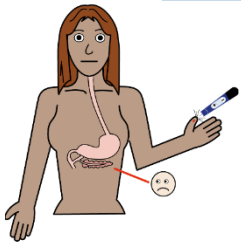
If your sugar levels are too high or too low, your phone or reader will play a sound.



All the information the system collects can be shared with the people who support you to keep you well.



A nurse or doctor will show you how to use this monitor.



If you have diabetes and use insulin and have a learning disability, you can use Freestyle Libre for free on the NHS.

