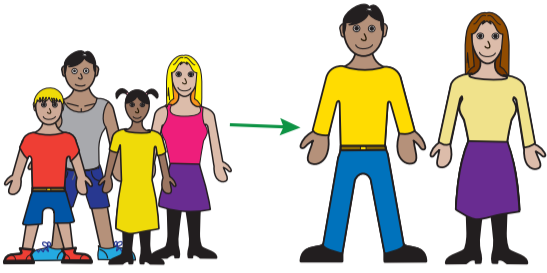


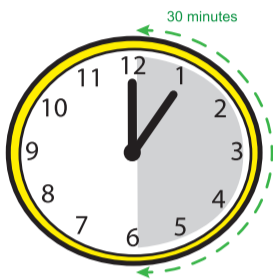
get checked out

Annual Health Check Standards

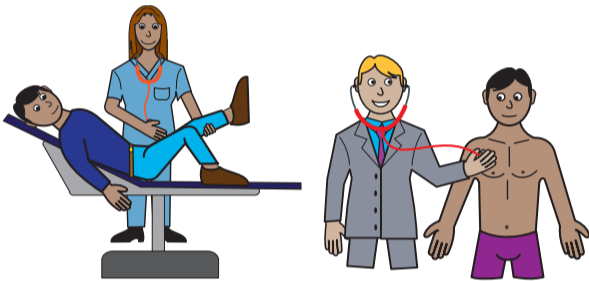
Did you know?



- All people with a **Learning Disability** from the age of 14 are offered an **Annual Health Check**.



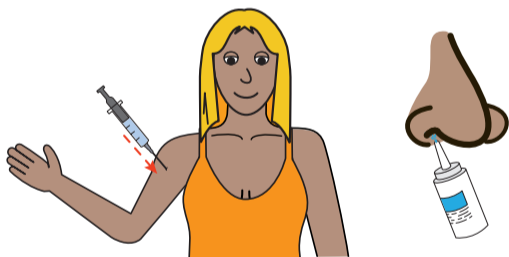
- An Annual Health Check should be a minimum of **30 minutes**.



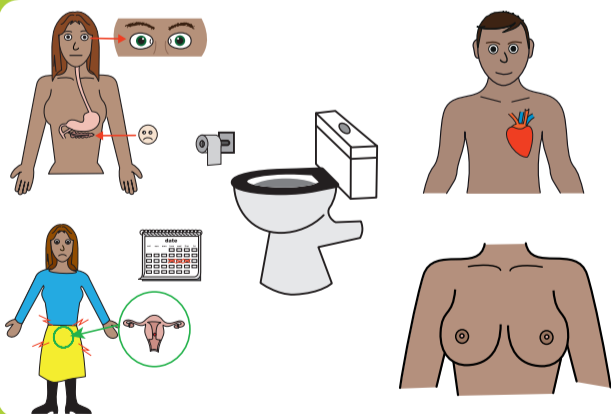
- The annual Health check should include a **physical examination**.



- The Doctor should ask about **everything in the Get Checked Out checklist**.



- From October each year service users should be offered the **Influenza Vaccine Free** of charge. If injections are refused people with a learning disability can have a nasal spray.



- The Doctor should talk about or offer appropriate **National Health Screening and Immunisations**. More Information can be found in the Get Checked Out checklist.

Health Action Plan			
Name: _____		Date of health check: _____	
Health Issue	Action Needed	Review Date	Who will do it

- The Doctor should provide a **Health Action Plan** at the end of the Health Check stating either:
- The person is fit and well and to return in a year for an Annual Health Check.
- Health issues identified and support needed.