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## Ten Top Tips for Completing DNACPR for People with Learning/Intellectual Disability.

In October 2021 a BMJ paper concluded that there were significant disparities in healthcare contributing to excess mortality for people with learning disability<sup>1</sup>. It highlighted issues around decision making/capacity, imposing ceilings of care, inappropriate use of frailty scores, discrimination and bias, perceived treatment difficulties and inappropriate application of DNACPR orders.

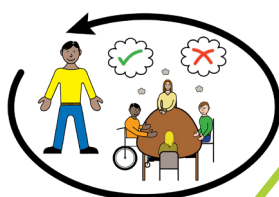
Follow these top tips to ensure the correct process is followed when considering a DNACPR order.

### Top Tip 1



Balance the benefits, burdens and risks avoiding the issues cited above.

### Top Tip 2



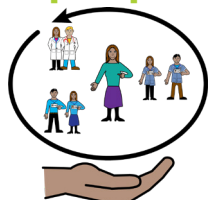
Base decisions on the circumstances and wishes of the individual.

### Top Tip 3



Use accessible/easy read information available here  
<https://www.turning-point.co.uk/DNACPR>

### Top Tip 4



Always involve the people close to the person and members of the health care team.

### Top Tip 5



Address poorly informed and unfounded assumptions about the impact of the person's disability has on their quality of life.

### Top Tip 6



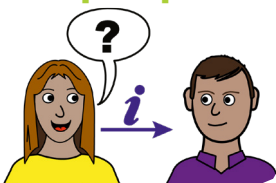
Assess capacity using the 5 Principles of the MCA.

### Top Tip 7



If the person does not have capacity, discuss the matter with all those involved, including a legal proxy where appropriate.

### Top Tip 8



Do not withhold information because it is difficult or distressing to convey.

### Top Tip 9



Be clear the DNACPR decision does not imply other treatment will be withheld.

### Top Tip 10



Clearly document the decision, the people involved and their jobs/titles