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| Care for you doctors nurses | This document will advise clinicians how to support a person with a learning disability who is needle phobic and therefore refuses their flu vaccination. |
| flu V2 | People with a learning disability are an eligible cohort in the flu vaccination programme as they are more at risk of early mortality. |
| Anxious V2 | People with a learning disability may experience more anxiety relating to having an injection.  You are entitled to, for those who are needle phobic to consider administering the nasal spray. |
|  | You are able to administer the nasal spray flu vaccination to under 18s using the [PGD](https://www.england.nhs.uk/north-east-yorkshire/wp-content/uploads/sites/49/2021/08/Fluenz-Tetra.pdf). For over 18’s it can be administered [‘off-Label’ using a PSD](http://www.wessexlmcs.com/websitefiles/download/505).  [Flu vaccination programme: information for healthcare practitioners](https://www.gov.uk/government/publications/flu-vaccination-programme-information-for-healthcare-practitioners) p.49. |
|  | Remember you have a legal obligation to offer a reasonable adjustment to support a person with a learning disability. This support should help them to access health care opportunities.  [Flu Vaccinations: supporting people with LD](https://www.gov.uk/government/publications/flu-vaccinations-for-people-with-learning-disabilities/flu-vaccinations-supporting-people-with-learning-disabilities) |