

Articles and References for Work on the Transition Process for Young People

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Statutory guidance for organisations which work with and support children and young people who have special educational needs or disabilities
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Verbal communication and discussion with the young person are essential aspects of a successful health care transition and for those young people who are non verbal :

The Ace Centre offers help and support for children who have complex physical and communication difficulties, and for their parents, carers or therapists. <https://acecentre.org.uk>

I CAN helps children develop speech, language and communication skills, with a special focus on children with a communication disability. <https://ican.org.uk>

www.togetherforshortlives.org.uk - provides advice for professionals, carers, parents, family and the young person with downloadable literature including The Wishes Document. Has links to "4 nation" resources.

Textbook

Seal A, Robinson G, Kelly Anne M, Williams Jane 2013 Children with Neurodevelopmental Disabilities Mac Keith Press, London. A practical description of neurodisability with care based in the community. Has draft of EHCP

Nursing insights

Queens Nursing Institute 2018. Transition from childrens' to adult community services – Learning Resource. A useful resource.

Adolescence in literature –insight into adolescence – a useful selection

The adolescence of each young person is an individual event with the shared characteristics of developmental, physical, mental and social changes. Those individual events over time are more numerous than all the novels published but many usefully describe how young people transition and these are suggestions from the many –

Gardham Jane (2013) Old Filth (" failed in London, try Hong Kong") Abacus – early chapters deal with adolescence "So Eddie walked rather awkwardly across the lawn on his fourteen year old lengthening legs and oval kneesHis voice, breaking was surprising him all the time by sudden booms and squeaks".

Courtia Newland (1997) The Scholar . Abacus - clearly describes the effect of psychosocial deprivation

"Unless you are in it, you can't feel anything about it, he decided mentally – you can say how sorry you are and how much you understand, but how can you understand if you don't know"

Lehmann Rosamund (1933) Invitation to the waltz Multiple publishers – a young woman describes her feelings at transition "I mean you ought to know at once- I mean, what's right and what's wrong. But I don't. Sometimes it seems as if all those words hadn't any meaning. I must be unmoral. I get awfully worried

Wells H G (1909) Ann Veronica Multiple publishers – early chapters deal with adolescence and later refer to the consequences "Seems only yesterday she was running down the avenue all hair and legs and now she's all hats and ideas"

Doerr (2014) All the light we cannot see Schribner – adolescents coping with terrible situations "When I lost my sight people said I was brave. But it is not bravery; I have no choice. I wake up and live my life."