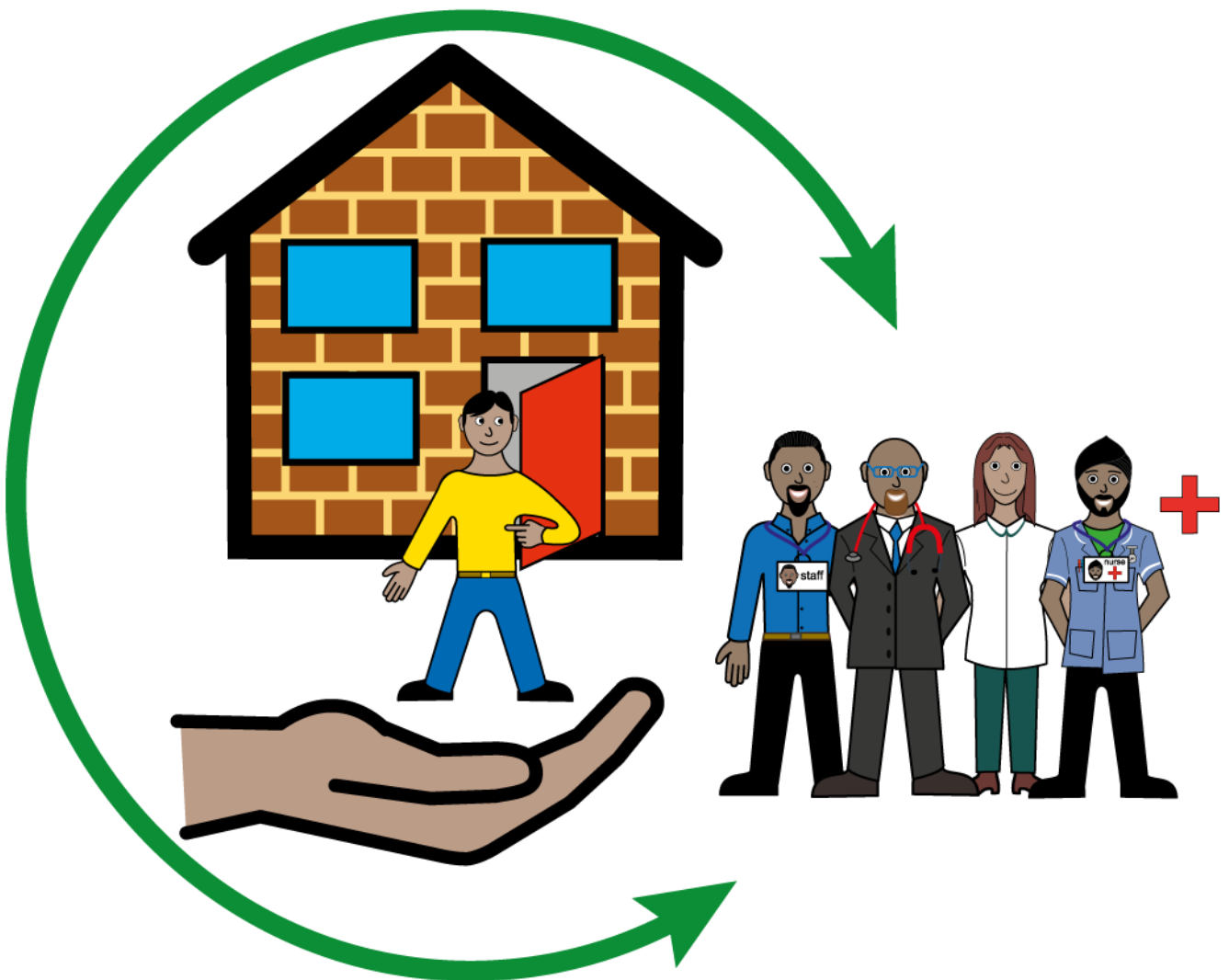
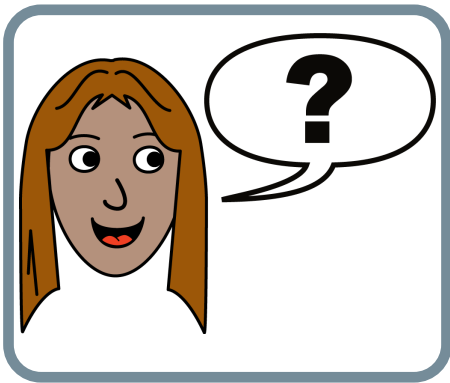


Learning Disability
Services

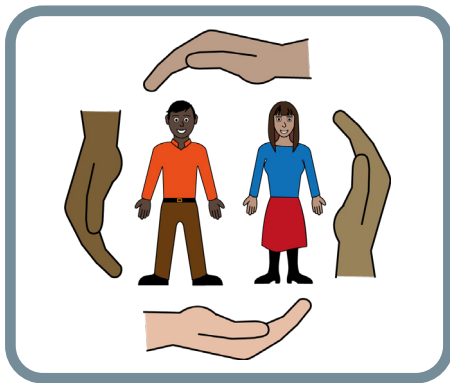
Intensive Support Team



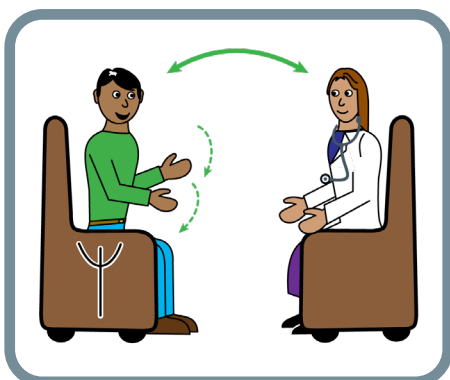


Who are we?

The IST provide specialist assessment and treatment in the community to people who have a learning disability and whose behaviours are challenging to services. The team work closely with the individual, their families and their care teams to put plans in place that keep everyone safe.



People with a Learning Disability who services may find challenging need extra care and support. They may be aggressive, and might hurt others, or get hurt themselves. They may do things that put themselves at risk of exploitation or abuse. They might be at risk of placement breakdown or admission to a specialist hospital called an Assessment and Treatment Unit. They might be at risk of contact with the criminal justice system.



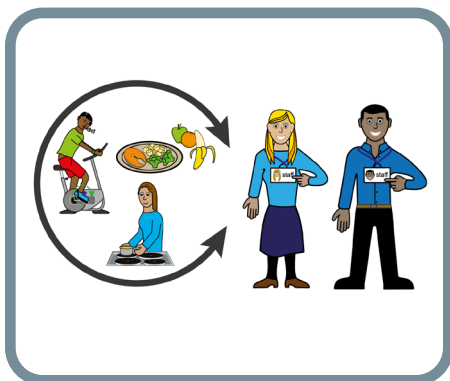
IST Psychologists can help people by:

- Assessment and individual therapy for service users.
- Providing advice, support and consultation for staff or carers.
- Teaching and training for staff or carers.
- Trauma informed formulation to ensure all involved have the best understanding of the person possible.
- Positive behaviour support.



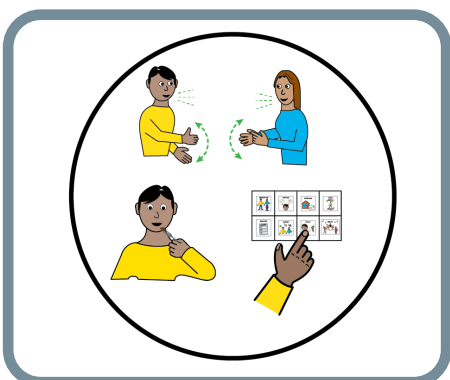
IST Nurses can help people by:

- Promoting emotional and physical health through direct care, support and liaison with health and social care agencies
- Assessment of health needs and planning care.
- Teaching and training for staff and carers.
- Co-ordinating and implementing health care through specialist and mainstream services.
- Positive behaviour support.
- Risk assessment and risk management



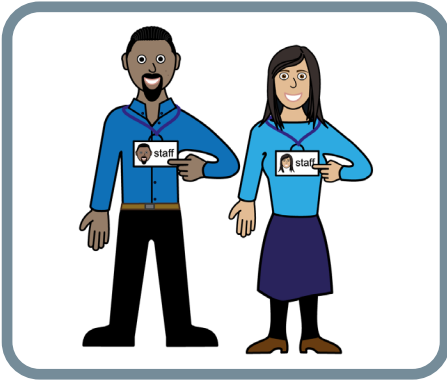
IST Occupational Therapists (OTs) can help people by:

- Assessing how people carry out everyday activities.
- Helping people and carers identify support needs and increase independence.
- Identifying whether a person needs an environment and activities to meet their sensory needs.
- Providing training, support and advice to people involved to ensure the individual's potential is maximised.



IST Speech and language therapists can help people by:

- Supporting communication including those who have no or little speech.
- Providing training to carers.
- Assessment of people who have difficulties eating and drinking safely.



IST Senior Support Workers can help people by:

- Providing support to therapists, nurses and psychologists.
- Working directly with service users and carers to ensure that care planned is delivered and carers are confident to provide ongoing care.
- Assisting professionals in training carer



How to contact us:

Intensive Support Team

5 Woodland Square
St Mary's Hospital
Leeds
LS123QE

Telephone: **0113 855 0532**