

Learning Disability
Services

Community learning disability teams



community learning disability team

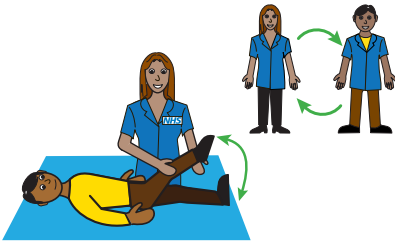


Who are we?

The Community Learning Disability Team provides a specialist service to adults 18 and over with a learning disability and complex health needs. We only see people whose needs cannot be met in mainstream health services with reasonable adjustments.

The teams have a range of health professionals with learning disability experience.

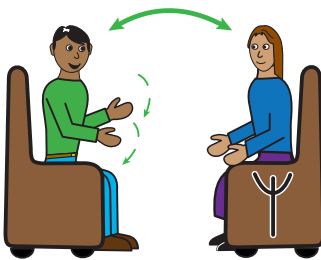
physiotherapist



Physiotherapists can help people :

- When they have problems with their muscles and joints. This can include helping assess for pain .
- When they need help to stay in a safe supported position (Postural Care). This includes looking at the specialist equipment.
- With their body movements, balance, walking and falls.
- By providing their own therapy programmes and training people and their carers on how to carry these out.

psychology



Psychologists can help people by:

- Assessment, and individual, family or group therapy for service users.
- Providing advice, support and consultation for staff/carers.
- Teaching and training.
- Positive behaviour support.

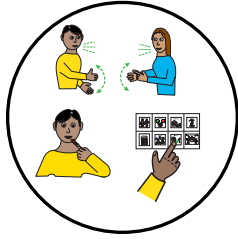
psychiatry



Psychiatrists are doctors who specialise in mental health problems, they help people by:

- Diagnosing and treating mental disorders eg depression, dementia, anxiety and psychosis.

speech & language therapist



Speech and language therapists can help people by:

- Supporting communication including those who have no or little speech.
- Providing training to carers.
- Assessment of people who have difficulties eating and drinking safely.

nurses

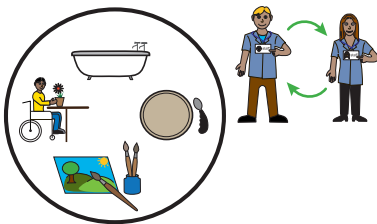


Nurses can help people by:

Promoting emotional and physical health through direct care, support and liaison with health and social care agencies

- Assessment of health needs.
- Planning care.
- Co-ordinating and implementing health care through specialist and mainstream services.
- Positive behaviour support.

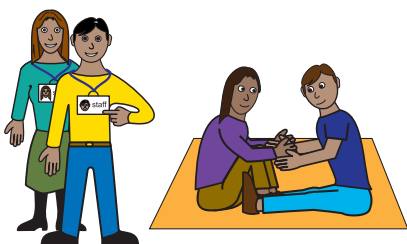
occupational therapist



Occupational Therapists (OTs) can help people by:

- Assessing what difficulties they may have in carrying out everyday activities.
- Providing advice and planning care for people with these difficulties.
- Supporting them to do the things they want/need to do
- Working with their carers/support team to enable them to meet their goals.

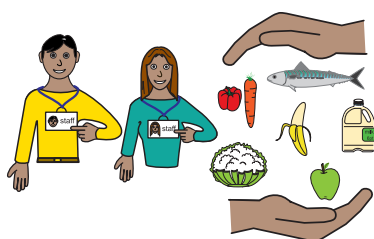
intensive interaction



Intensive Interaction helps people who have difficulty being social by:

- Helping people understand basic communication and body language.
- Helping people develop new ways to communicate.
- Helping people enjoy each other's company.
- Helping people develop positive relationships.

dietitians



Dietitians can help people by:

- Assessing, advising on and monitoring nutritional needs of individuals, including enteral feeding.
- Training health professionals and support teams to identify and support the management of nutritional conditions, such as type 2 diabetes.
- Providing support and advice with food choices, portion sizes and menu planning.
- Providing simple easy to read advice based on current known information.

support workers



Senior Support Workers and Therapy Assistants can help people by:

- Providing support to therapists, nurses and psychologists.
- Working directly with service users and carers to ensure that care planned is delivered and carers are confident to provide ongoing care.
- Assisting professionals in training carers.



How to contact us

Through the **Single Point of Access**

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