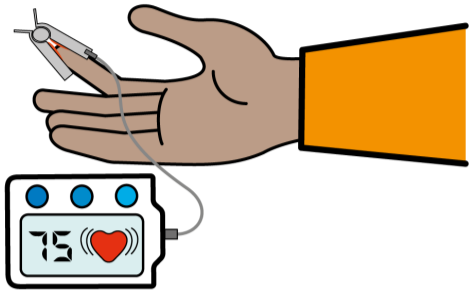
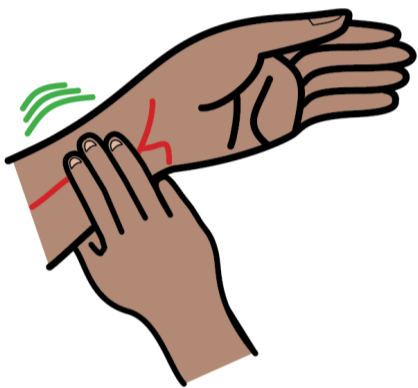




# Using a Pulse Oximeter to check you are OK

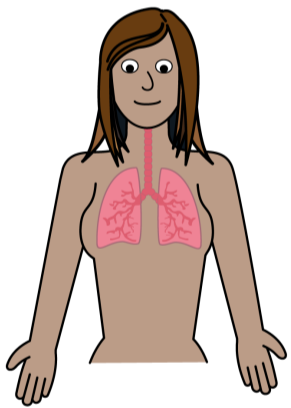


This is a Pulse Oximeter



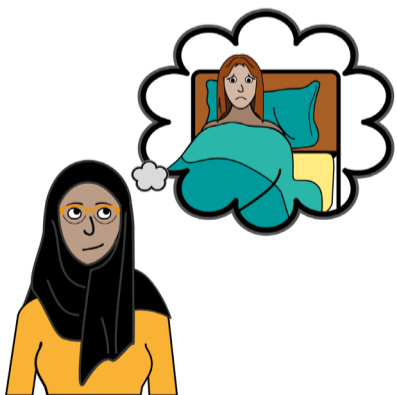
It takes your pulse

Your pulse is how fast your heart is beating.



It also tells you how much oxygen is in your blood.

This tells you how well you are breathing.



These measurements tell a doctor if you are poorly.



If we know that you are poorly we can get the right treatment before you become too unwell.